



11TH MASTERS' INTERNATIONAL SINGLE DISTANCE RACES 2015

Aktiv SK of Oslo, member of **Norges Skøyteforbund** (Norwegian Skating Association), hereby takes the pleasure to invite you to take part in the International Speed Skating Competition

11th Masters' International Single Distance Races 2015 Vikingskipet, Hamar, NORWAY, January 17th-18th

The competition will be held in accordance with the following conditions of contest and the Regulations of the International Masters Speed Skating Committee (IMSSC) and the International Skating Union (ISU) at the covered 400 m standard speed skating rink Hamar Olympiahall Vikingskipet, Hamar, NORWAY, on artificial ice. This competition is a regular event on the International ISU Masters' calendar.

1 Schedule

1.1 Training (expected times)

Generally the ice is open for training Monday through Friday 8:30-20:00 but may be occasionally closed e.g. for competitions. See further details:

<http://www.hoa.no/en/speedskating/speedskating-information/training-hours/>

Saturday January 17. and Sunday January 18. the training times are 8:30-9:30. Admittance to the hall from 08:00.

A daily admittance fee (at present NOK 80 for competitors and NOK 40 for companions) must be paid at the Vikingskipet reception.

1.2 Drawing

Pairing will be done by the organizer in advance according to paragraph 5 below.

1.3 Competition Start

Saturday January 18th 11:00

Sunday January 19th 10:00

1.4 Price giving

Price giving will occur in the arena immediately after the competition.

2 Distances

Ladies (F) and men (M) age groups (AG):

Saturday January 18:	500 m	F/M	all AG
1000 m	F/M	all AG	
1500 m	F/M	all AG	
3000 m	F/M	all AG	
5000 m	F/M	all AG	

Sunday January 19:	500 m	F/M	all AG
1000 m	F/M	all AG	
1500 m	F/M	all AG	
3000 m	F/M	all AG	
5000 m	F/M	all AG	
10000 m	F/M	all AG	

The competition is a Single Distance event. The skater may choose to skate any 2 distances per day announced for his/her AG (see point 5). Quartet start on all distances except 500 m.

3 Eligibility

To be eligible the skater must have a license of his/her national speed skating association.

4 Age Groups

The competition takes place in 5 year age groups as specified below.

No members of national selections or national teams allowed.

AG = five year age groups ladies and men as high as necessary.

AG	date of birth	AG	date of birth
30	1.7.80 - 30.6.85	60	1.7.50 - 30.6.55
35	1.7.75 - 30.6.80	65	1.7.45 - 30.6.50
40	1.7.70 - 30.6.75	70	1.7.40 - 30.6.45
45	1.7.65 - 30.6.70	75	1.7.35 - 30.6.40
50	1.7.60 - 30.6.65	80	1.7.30 - 30.6.35
55	1.7.55 - 30.6.60	85	1.7.25 - 30.6.30 etc.

Please observe that some younger guest skaters may be allowed to start in between.

5 Drawing and Classification

The competition is a single distance event. Drawing for all age groups and distances will be done in advance based on best times for the season (or the preceding season).

Skaters from different 5 year age groups may be joined for drawing and skating if the number of participants in one or more of the age groups is very small. However, final classification will be done separately in 5 year age groups independent of the number of participants in each age group.

6 Prices, Minutes

Every participant will receive a souvenir. The winners may in addition select a price from a pool of prices (practical items like bags, towels, sweaters, etc.) in descending order according to the skaters' number of victories. The results will be available in form of a list with positions, names and end times for all races. Detailed protocols will be published at www.aktivsk.no.

7 Doping Control

Doping tests may be carried out in accordance with ISU Rule 139.

8 Entries, Closing Date

Entries must be made by filling out the Electronic Entry Forms available on the IMSSC website:

www.imssc.org

If you are not already registered as user, please first register with Name/Surname to the IMSSC website by clicking on "Create an account", activate your registration, then choose the competition under the menu "Competitions" > "List". Click on "JOIN NOW" and fill-in all the requested data; finally click on "Register" and then "Confirm". You will get a confirmation by e-mail that your entry has been received by the Organizer.

Your entry is expected until January 3. 2015, at the latest.

The submitted Electronic Entries will be received at the following address of the organizer of the competition:

Email: post@aktivsk.no
Aktiv SK
POB 6121 Etterstad
N-0602 Oslo, Norway

9 Limitations

The number of participants may be limited. The organizer will keep an updated list at their website www.aktivsk.no showing the accepted entries. Specific queries related to entries can be submitted by email to: post@aktivsk.no

10 Entrance fee, IMSSC fee

Entrance fee is NOK 220 for each distance except 10.000 m which is NOK 250. All skaters pay additionally NOK 80 IMSSC fee (once for all skated distances). Norwegian skaters will pay in advance - further details via email after the entry. Foreign skaters pay on arrival or before start at the latest. Late entries (after January 3.) may be accepted at an additional NOK 100 (once for all skated distances) if the competition is not fully booked.

Note: In addition there is a daily admittance fee (at present NOK 80 for competitors and NOK 40 for companions) that must be paid at the Vikingskipet reception.

11 Banquet

A modest banquet is planned for Saturday evening at 20:00 in Vikingskipet Cafeteria. Price per person NOK 290. Participation is to be booked on the Entry Form and paid together with the Entrance Fee (see point 10 above).

12 Liability

The organizer and the IMSSC are not liable in any case for skaters and accompanying persons according to ISU Rule 119.

13 Additional Information

Questions may be directed to Mr. Henning Hagelund, tel.: (+47) 918 05 7548. Email: henning.hagelund@canon.no

14 Accommodation

Hotel rooms close to the arena:

Hamar Hostel Vikingskipet, Åkersvikvegen 24, N-2321 Hamar

Phone: +47 62 52 60 60, **Email address:** hamar@hihostels.no

Discount prices per room and night, incl. Breakfast

Hotel room w/ 1 person: NOK 670

Hotel room w/ 2 persons: NOK 790

Rooms to be booked directly by Hamar Hostel Vikingskipet referring to „11th Masters‘ Races“. Please book early! Rooms are reserved exclusively until January 3. 2015.

Other accomodation is also available in Hamar. More info about the Hamar Region:

<http://www.visit-hedmark.no/en/hamar-region/>

Oslo, NORWAY, September 23. 2014
Mr. Henning Hagelund
(Head of the Organizing Committee)