# Welcome to Vikersund Continental Cup 2019 Vikersund HS 117 7th-8th December 2019









### **Program for the Continental Cup Vikersund 2019**

#### **Saturday December 7th**

09.30 TCM in the hill, second floor, above glas cafe 11.00 Official training rounds 12.00 Trial round 13.00 1st round 20 min break before 2nd round

#### **Sunday December 8th**

10.00 Trial round 11.00 1st round 20 min break before 2nd round

#### **Organizer**

The Norwegian Ski Federation and Flying Team Vikersund AS

#### **Administration office**

Flying Team Vikersund AS P.B. 164, N-3371 VIKERSUND Secretary General: Tone K. Kristiansen Telephone: +4732781800/+4791361582

## Accommodation and transport for the teams/ FIS representatives/ Technical Delegates and Judges

The accommodation for teams is located in a hotel approximately 40 minutesby bus from the venue in Vikersund. The LOC has a good cooperation with the hotel and can offer an adequate accommodation.

#### **Quality Hotel River Station**

Dr. Hansteinsgate 7 3044 Drammen, Norway

Phone: +47 91 15 16 67 E-mail: q.riverstation@choice.no Website: www.nordicchoicehotels.no/

#### Information

Lisbet Skredsvig – accommodation@vikersund.no

There will be an information desk at the hotel, attended by qualified and service minded staff skilled in languages.

Rooms for physical therapist, team meetings etc. can be booked directly from the reception and should be paid directly to the hotel together with other extras, such as parking, extra drinks etc.

The payment of costs for athletes will be according to the FIS rules.

#### Shuttle Service airport - Hotel - Venue

Transportation to and from the airport will cost 25 EURO one way or 30 EURO both ways, however we need to be informed about your flight number in order

to arrange the transportation. LOC will provide regular shuttle service free of charge between the team hotel and the venue. Look for the bus schedule at the Service Desk in the hotel.

#### Rules

The competitions will be held in compliance with the FIS rules.

#### **Participation**

The number of participants in the competitions must comply with official FIS competition rules and regulations.

#### **Entry form**

Deadline for preliminary entries is 15th of November

Deadline for final entries, arrival/ departure information and transportation is 2nd of December.

In case of late entries, no guarantee given for service according to rules.

#### **Doping Control**

Doping control will be carried out according FIS Anti-Doping Rules.

#### Hill

Vikersundbakken HS 117 Hill record: 124,5meter

Certificate valid until: 31.12.2019

#### **FIS representatives and Technical Delegates**

Chief of Competition: Ole Gunnar Fidjestøl

Race Director: Horst Tielmann
Technical Delegate: Frank Salvi (FRA).

Technical Delegate/Assistant: Michael Lais (GER)